



The Gift of Therapy: An Open Letter to a New Generation of Therapists and Their Patients

Irvin Yalom

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Anyone interested in psychotherapy or personal growth will rejoice at the publication of *The Gift of Therapy*, a masterwork from one of today's most accomplished psychological thinkers.

From his thirty-five years as a practicing psychiatrist and as an award-winning author, Irvin D. Yalom imparts his unique wisdom in *The Gift of Therapy*. This remarkable guidebook for successful therapy is, as Yalom remarks, "an idiosyncratic mélange of ideas and techniques that I have found useful in my work. These ideas are so personal, opinionated, and occasionally original that the reader is unlikely to encounter them elsewhere. I selected the eighty-five categories in this volume randomly guided by my passion for the task rather than any particular order or system."

At once startlingly profound and irresistibly practical, Yalom's insights will help enrich the therapeutic process for a new generation of patients and counselors.

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In this era globalization it is important to someone to get information. The information will make professionals understand the condition of the world. The healthiness of the world makes the information much easier to share. You can find a lot of referrals to get information example: internet, newspaper, book, and soon. You can see that now, a lot of publisher which print many kinds of book. Often the book that recommended to your account is *The Gift of Therapy: An Open Letter to a New Generation of Therapists and Their Patients* this e-book consist a lot of the information from the condition of this world now. This kind of book was represented how can the world has grown up. The words styles that writer value to explain it is easy to understand. The writer made some exploration when he makes this book. That's why this book suited all of you.

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