



The Sexual Male: Problems and Solutions

Richard Milsten, Julian Slowinski

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“Speaks clearly and effectively to all who seek and expect a full and enjoyable sexual life.” ?June Machover Reinisch, Ph.D., director emeriti, The Kinsey Institute

A complete and up-to-date guide for those men (and their partners) concerned about preventing and overcoming impotence. Does increasing age inevitably lead to a sexual decline in men? What are the links between heart attack, stroke, and impotence? Can vasectomy cause sexual dysfunction? Richard Milsten and Julian Slowinski answer these and numerous other questions in this clear and comprehensive guide to maintaining lifelong sexual health. The authors bring together the two critical areas of expertise--medical and psychological--to explain healthy male sexual function and the problem of sexual dysfunction. With an emphasis on prevention, they discuss the medical and psychological causes of impotence and all available treatment options. Topics include what questions to ask a doctor, what to expect from treatment or therapy, information for women about their partners' health, and a self-evaluation questionnaire. *The Sexual Male* provides important knowledge for men and women of any age.

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