

Forks Over Knives (Turtleback School & Library Binding Edition)

Gene, Ed. Stone

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Forks Over Knives (Turtleback School & Library Binding **Edition)**

Gene, Ed. Stone

Forks Over Knives (Turtleback School & Library Binding Edition) Gene, Ed. Stone FOR USE IN SCHOOLS AND LIBRARIES ONLY. Discusses the importance of eating a whole-foods, plant-based diet, describes how to transition to this type of diet, and provides one hundred twenty-five recipes for appetizers, soups, salads, main dishes, and desserts.



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