



# **Jewish Relational Care A-Z: We Are Our Other's Keeper**

*Jack H Bloom*

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*A collection of caregiving tools combining the values of Jewish tradition and self-relations—useful for practitioners of ANY faith!*

**Self-relations, a powerful framework for doing respectful and humane caregiving for oneself and for others is here brought into relationship with Jewish thought.**

**Jewish Relational Care A-Z: We Are Our Other's Keeper is an extensive resource for caregiving tools and approaches. Using Jewish tradition and Self-Relations as take-off points, experts from many fields provide insightful perspectives and effective strategies for caregiving.**

**In the language of self-relations each of us is not referred to as a Self. Instead, each of us is more accurately described as a relationship between “selves”—*relationship* is the basic psychological and religious unit! **Jewish Relational Care A-Z: We Are Our Other's Keeper sensitively centers on relationships and the healing process, using the understanding that to spark healing in others, a loving, respectful relationship must first be present between every aspect of our “selves.” Thirty-six categories of caregiving are comprehensively presented, allowing its use as a helpful resource for any clergy considering any of the included topics. Each author's personal reflections, and personal experiences using care tools clearly illustrate how love-respect relationships within oneself can transcend into effective care for others.****

**Jewish Relational Care A-Z: We Are Our Other's Keeper provides helpful tools and explores:**

- the use of language as a relational care tool
- time management for optimum performance for oneself and for others
- compassion fatigue, the need for self-care, and nurturing your own spiritual and psychological development
- purposeful visiting as a sacred task
- silence as an important part of spiritual care
- the profound difference made in lives through relational listening
- music as sacred power—a communion between humans and the Divine
- chanting as an intimate expression of the soul
- creative ritual in relational healing
- spontaneous prayer, and its place in relational care
- relational care with other faiths inside and outside of the community
- care for those going through divorce
- care when a pregnancy is unwelcome
- relational care for sexual orientation and gender identity issues
- successful caring for those who don't care about you
- dealing with traumatic loss
- care for those who have sinned sexually
- fragile relationships
- care with the healthy aging
- relational care and retired clergy

- care for those traumatized by sexual abuse
- care for the cognitively impaired, mentally ill, and developmentally disabled
- care for the final moments of life
- care for the sick and dying
- care within the grieving process

Jewish Relational Care A-Z: We Are Our Other's Keeper is practical, insightful reading for clergy and caregivers of all denominations, educators, students, and lay people who care about clergy and their work.

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#### **Philip Martin:**

Spent a free time and energy to be fun activity to try and do! A lot of people spent their down time with their family, or their friends. Usually they undertaking activity like watching television, gonna beach, or picnic inside the park. They actually doing same every week. Do you feel it? Do you need to something different to fill your free time/ holiday? Could possibly be reading a book is usually option to fill your no cost time/ holiday. The first thing you ask may be what kinds of guide that you should read. If you want to attempt look for book, may be the reserve untitled Jewish Relational Care A-Z: We Are Our Other's Keeper can be good book to read. May be it may be best activity to you.

#### **Lawrence Pomerleau:**

Exactly why? Because this Jewish Relational Care A-Z: We Are Our Other's Keeper is an unordinary book that the inside of the guide waiting for you to snap this but latter it will jolt you with the secret it inside. Reading this book close to it was fantastic author who else write the book in such awesome way makes the content inside of easier to understand, entertaining method but still convey the meaning totally. So , it is good for you for not hesitating having this ever again or you going to regret it. This phenomenal book will give you a lot of positive aspects than the other book get such as help improving your talent and your critical thinking way. So , still want to postpone having that book? If I have been you I will go to the reserve store hurriedly.

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