

Birth Right

Susan Ross

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An insider's guide to getting the best for you and your baby in pregnancy and birth - by a midwife who knows it all.

You're pregnant and you want the best for you and your baby. This book is a must-have manual that reveals the secrets women need to know to get the best for themselves and their babies in pregnancy and birth.

Susan Ross, an accredited midwife with more than 25 years' experience, believes women risk their health and that of their babies by too often opting for medical intervention over natural birth. This book addresses the questions parents need to ask long before their baby arrives. And it includes case studies from women, midwives and obstetricians from hospitals, birth centres and home births - first-hand experiences that will help women make informed choices in pregnancy and birth. It is not a 'how to have a baby' book but a manual to help parents deal with doctors, health funds, hospitals and family members so that pregnancy and birth are the best they can be.

This is a must-have for anyone pregnant or considering having a baby.



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