



Take Your Soul to Work: 365 Meditations on Every Day Leadership

Erica Brown

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Practical, inspired, and bite-sized wisdom from renowned religious scholar Erica Brown, these daily meditations help add greater depth and purpose to your leadership.

Few leaders have a plan when it comes to soul-building at work. As a result, they often find themselves spiritually or emotionally depleted, and they can lose the larger ideals that made them want to lead in the first place. Take Your Soul to Work is a daily meditational for business and nonprofit leaders looking for inspiration. Each entry focuses on a different quality, emotion, or aspiration ("on discipline," "on compassion," "on impermanence," "on callousness," "on productive narcissism") by presenting a relevant quote, story, or question inspired by the traditions of all faiths as well as artists, poets, and business thinkers to help leaders reframe, rethink, and reset.

Leaders rarely have time to reflect between the meeting, calls, and emails that eat away at the work day. With just one thought per day for the entire year, these 365 meditations will anchor, ground, and enrich corporate titans and nonprofit visionaries. Take Your Soul to Work provides spiritual nourishment and encourages leaders to steer their organizations with honesty, grace, and courage—and experience transcendence in the process.



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Nicholas Tapia:

Playing with family in the park, coming to see the sea world or hanging out with pals is thing that usually you could have done when you have spare time, after that why you don't try issue that really opposite from that. 1 activity that make you not sense tired but still relaxing, trilling like on roller coaster you are ride on and with addition details. Even you love Take Your Soul to Work: 365 Meditations on Every Day Leadership, you could enjoy both. It is excellent combination right, you still wish to miss it? What kind of hangout type is it? Oh occur its mind hangout folks. What? Still don't understand it, oh come on its named reading friends.

John Cheung:

Many people spending their moment by playing outside together with friends, fun activity along with family or just watching TV all day long. You can have new activity to enjoy your whole day by reading a book. Ugh, do you consider reading a book can actually hard because you have to bring the book everywhere? It fine you can have the e-book, having everywhere you want in your Mobile phone. Like Take Your Soul to Work: 365 Meditations on Every Day Leadership which is getting the e-book version. So, try out this book? Let's view.

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