

Orthopedic Manual Therapy: Assessment and Management

Jochen Schomacher



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Orthopedic Manual Therapy presents a systematic, step-by-step guide to manual therapy for disorders of the extremities and spine. Readers will find detailed examination and treatment techniques, the newest scientific and clinical advances, and updates on pain physiology, biomechanics, neurodynamics, and the biopsychosocial model of disease as the foundation for manual therapy.

Complete with case studies, checklists, and study questions, this practical, didactic book is ideal as both a textbook and a reference. Students and practitioners of physical and manual therapy will find it essential for gaining the knowledge and decision-making skills to treat any musculoskeletal disorder related to posture and movement.

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